

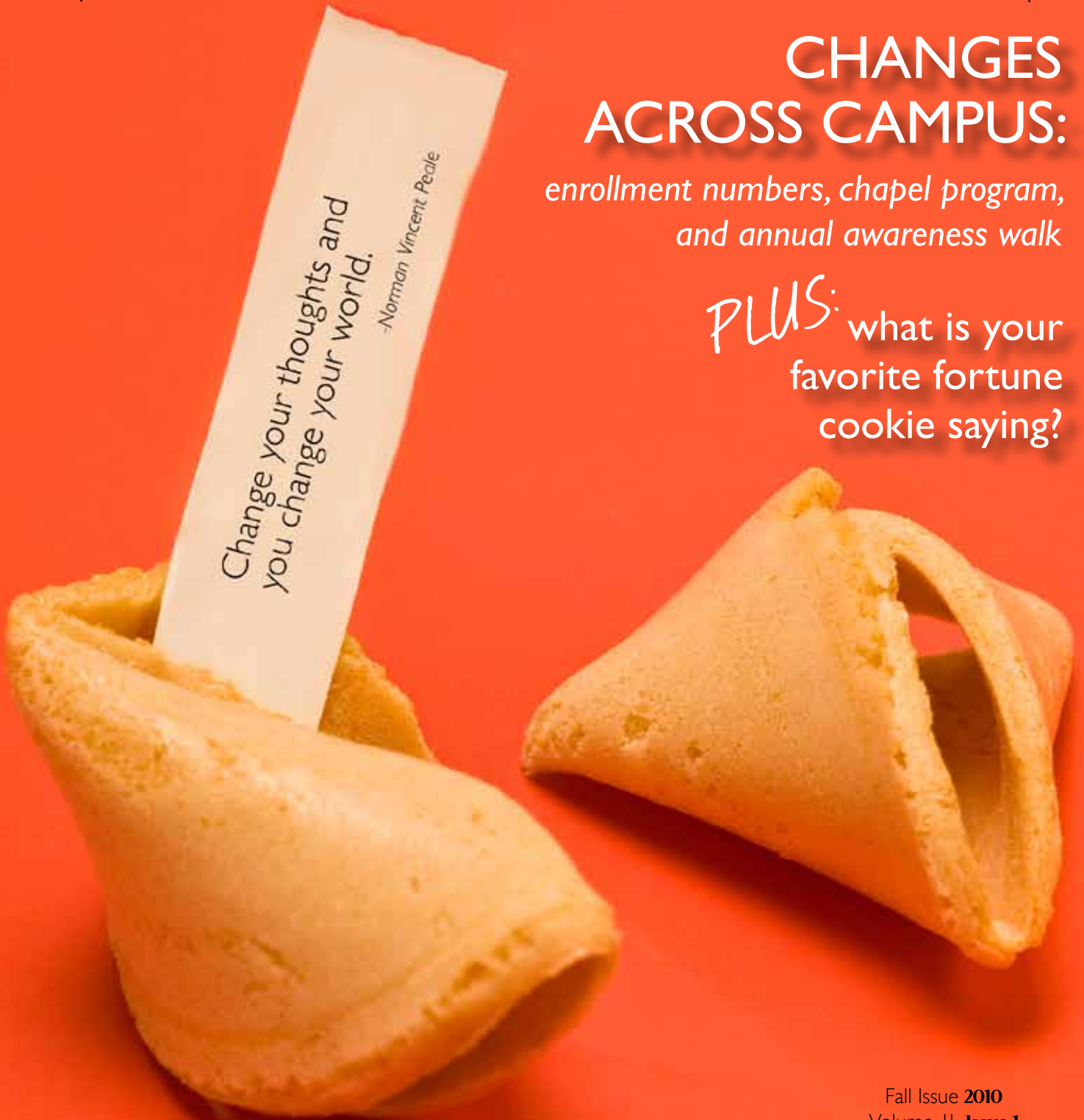
# theshield

THE INDEPENDENT STUDENT PUBLICATION OF ROCHESTER COLLEGE

## CHANGES ACROSS CAMPUS:

*enrollment numbers, chapel program,  
and annual awareness walk*

*PLUS:* what is your  
favorite fortune  
cookie saying?



# theshield

## CONTENTS



### NEWS

- 5 RC Experiences Record Enrollment & Campus Ministry Focuses on "Let Justice Roll Down"
- 6 Chapel Changes & Professor to be Featured in Vietnam War Documentary
- 7 Chinese Human Rights Activist & Former Princeton Professor Teaches Religion at RC
- 8 Staff Psyched About Mental Wellness Clinic, Students Seek Research Participants & Cafeteria Expands Services



**17**

### FEATURES

- 9 Campus Question
- 10 "Cold Tangerines" & "Inception"
- 11 Power in Words & Thoughts
- 12 Haste the Day
- 13 Non-Christian Students on a Christian Campus
- 14 Christians in the Media
- 15 What's New on Facebook?

### OPINIONS

- 16 Going Green is For Everyone & Thoughts on Chapel Change from Raging to Relishing
- 17 Just Because I Make Your Sandwich...
- 18 Nothing Annoys Me More Than... & Charlie St. Cloud

**26**



### SPORTS

- 19 Coach Takes Over Men's Soccer
- 20 NFL Predictions & Ben Roethlisberger's Outcome
- 21 Young Lady Warriors Lead Golf & Women's Soccer Aims To Defeat Rivals
- 22 Intramural Recap & Golfs

### ACTIVITIES

- 23 Chelsea's Walk 2010 & Bookology Club
- 24 Nerf Wars & Ways to Connect to Christ on Campus
- 25 Let's Go "Into The Woods" & The Ugly Duckling
- 26 Shack-a-thon & Homecoming Preview
- 27 Expressions

**19**



**5**



The exciting beginning of each fall semester brings newness and change to our campus. As we look into the future, we don't want to stand still, but to strive for better things — for ourselves and for our campus community. Inspired by these thoughts, we look ahead and dream about the "fortunes" awaiting all of us.

### inevery ISSUE

- 4 Editor's Note
- 9 Campus Question
- 15 What's New On Facebook
- 18 Nothing Annoys Me More Than...



# theshield

[www.rcshield.com](http://www.rcshield.com)

THE INDEPENDENT STUDENT PUBLICATION OF ROCHESTER COLLEGE

Fall 2010 • Volume 11 • Issue 1

---

## Editor-In-Chief

Emilie Vinson

## Online Editors

Ryan Dandin  
Andrew Warnke

---

News Editor Alex Venet

Features Editor Shannon Biernat

Opinions Editor John Decker

Sports Editor Carlee Barackman

Activities Editor Rachel Grant

Photo Editor Randee Rowell

Design & Copy Editor Tanna Evans

## Staff Writers

Melissa Clayton, Joel Dotson,  
Cynthia Greschak, Miranda Hiter, Miriah Jones,  
Justin Mainero, Seth Morris, Randee Rowell,  
Adrian Schaffer II, Eric Vanlerberghe

## Contributing Writers

Kristin Bovee, Hannah Cain, Jasmynn Heskett,  
Kayce McClure, Nick McDonald, AJ Muma

## Staff Photographers

Karima Bishop, Hannah Cain, Ashley Douglas, Rachel Grant,  
Brian Potthast, Eric Vanlerberghe, Porschia Williams

## Adviser

Lora Hutson

## Design Adviser

Liz Fulton

## Online Adviser

Andrea Walker



## Welcome to theshield

### a note from the editors

**A**s summer has left us, and fall begins to transition into winter, I often find myself already wishing for the entrance of spring. I like new growth. New change. New life. I look forward to the warmer weather, to new experiences and new “fortunes.” Though it’s fall, and our campus is steadily losing leaves as we shift toward the colder months, Rochester College is still full of new life. In this issue, we bring you some updates on vitality around campus. In the news section, you can read about new growth that is literally taking place before our eyes with this semester’s record breaking enrollment numbers, new cafeteria features, new chapel/convocation series, and a new guest professor from Princeton University. The features section holds updates on new books, music, and movies you might enjoy. And, for everyday updates on the new life at RC, you can visit rcshield.com. We hope you enjoy this season of life and growth at our campus just as much as you enjoy our Fall issue of The Shield.

*The Shield Editorial Staff*

**Be sure to spend** some time outside during this beautiful season at our college.

**Talk to us!** We want to hear what concerns you, tickles you, or ticks you off about *The Shield!* Email us at [theshield@rc.edu](mailto:theshield@rc.edu) with your comments and suggestions.



# Campus Ministry Focuses on 'Let Justice Roll Down'

By | CYNTHIA GRESCHAK



photos.rc.edu

It's more than just a theme for Campus Ministry.

*Let Justice Roll Down* is becoming a lesson to live by.

Adam Hill, campus minister, explains this theme plainly, telling us that it is a person's character that should reflect Christ's character. He explains that he wishes to encourage the students to embody what they believe.

"We believe ... faith should inform, transform, and empower daily living. It should be the practice of a daily walk of a life that values Christ-likeness, service, integrity, and community."

*Let Justice Roll Down* has a direct relation to all of the activities planned throughout the year, including *Shack-a-thon*, which took place at the end of September, and a visit from *Invisible Children* in October.

RC students will be able to participate in projects, allowing them to make a difference

one person at a time.

Another exciting opportunity for students is *Real Hope*, a program in which cash grants will be available to groups of students so that they can do good works to make the kingdom of God a more visible reality in the community. Thanks to anonymous donors, grants will be available to individuals and groups in \$100, \$250 or \$500 amounts.

Another highlight of the year will be the Global Justice Conference, which will take place in April. The theme for this event is Human Trafficking, and guest speakers from America's abolitionist movement will be on campus to speak.



# RC Experiences Record Enrollment

By | ALEXANDER VENET

With 248 incoming freshman and new transfer students, Rochester College is experiencing its largest influx of students in the 51-year history of the school.

The number is an overall record for incoming student enrollment, beating a previous record of 231 in 2000.

And with a total of 1,065 students enrolled for the fall semester, RC is enjoying the highest ever total enrollment for the college.

"These growing numbers give evidence to the positive things that are happening at Rochester College," President Rubel Shelly said. "We're pleased to continue building on our heritage of offering high-quality academics in a Christian setting."

Shelly reported that enrollment in the college's adult learning program has increased more than 14 percent and enrollment in the traditional program has increased more than 13 percent.

As a small Christian college, RC often relies on the hard work of its recruiters to see significant jumps in enrollment.

Klint Pleasant, vice president of enrollment, credits the record-breaking increase to the hard work of RC's recruiters.

"We came in every day, and had to be focused and work as hard as we could," he said.

In addition to focusing on area churches, RC's six recruiters also reached out to many local high schools in the area. The recruiters built relationships with students through email, phone and hand-written correspondence.

"The main things we emphasized to our prospects were our Christian niche, our size and our commitment to community. We believe these are real advantages for us, and our incoming students seem to be excited about what they are experiencing here," Pleasant said.



**RC ENROLLMENT TEAM** has helped RC experience its highest fall enrollment since 2000.



# CHAPEL CHANGES:

*A method to the madness*

By | **SETH MORRIS**

With the start of a new school year, Rochester College has initiated a new Chapel/Convocation Series to replace the old chapel schedule and its requirements.

Grading on a 25-point scale, this more diverse chapel series will now count as a single credit toward each student's grade point average without any extra charge. With a broader focus on building community and positive personal development, this year's range of chapel activities includes previously unavailable opportunities like community service, an arts and culture track, wellness seminars and more.

The general hope is that the new chapel requirements reflect a season of revitalization for Rochester College. "We really do believe this is a beneficial program for people in their spiritual growth," said Brian Cole, dean of student development. "And I hope that people will view it as such and take it seriously. I think they'll gain a lot more from it than they expect."

The new series includes a variety of events, such as monthly convocation, wellness seminars and focus chapels. "I'm really excited that we have the diversity in the type of events so it doesn't become stale," Cole said.

With consequences like academic probation no longer a factor, Cole says he hopes the new system will remove the negativity associated with "required" chapel services and offer a positive incentive for students to be involved in chapel.

Monthly Convocation, a campus-wide gathering worth two points, is held once every month and focuses on significant events and announcements with relevance to the entire RC community, while one-point Focus Chapels

give groups like athletes, the chorus, and others an opportunity to address issues that are more specific to their demographic.

Faculty Symposium, Bible Chapel and Student Chapel, all monthly events held in the auditorium on Thursdays, are worth one point and offer a variety of different presentations. Weekly Community Chapels, also worth one point, take place on Tuesday and offer a chance to pray, worship and meditate with the rest of the student body.

One-point Participation Events incorporate several outside elements into the new program, offering points for the Arts and Culture track's approved concerts, plays, exhibitions and subsequent discussions with teachers and peers. Wellness Seminars, held once a month during evening hours, address health topics like daily exercise, spiritual and physical wellness, and dietary habits.

Also available is a five-point program of independent community service specifically engineered for commuting students. In April, points will also be available for Academic Symposium participation.

Feelings are generally positive about the shift. Jasmynn Heskett, sophomore, said "I like it because it reinforces that our focus is on God as a Christian community." For others, the change isn't such a big deal.

"I personally don't think it affected me that much as an on-campus student," said Kayce McClure, sophomore. She went on to say the new schedule, with all its different events, can sometimes be confusing.

## Professor To Be Featured In Vietnam War Documentary

By | **EMILIE VINSON**

A 2010 documentary, honoring Vietnam War veterans, will include an appearance by Dr. John Todd, a political science professor at Rochester College. The documentary is directed and produced by Keith Farnie of Visionalist Entertainment Productions.

Todd, whose injuries during the Vietnam War caused him to be blind and have difficulty hearing, was approached by Farnie, who spent time both interviewing Todd and shooting footage of him teaching a political science class at Rochester College.

"He's a professional interviewer," Todd said of Farnie. "He gets a lot from the subject. He's very sharp."

Following Todd's interview, Farnie requested that Todd speak at a fundraiser for the documentary, held at the Royal Park Hotel in Rochester in August.

In his speech, Todd thanked those who supported the documentary, and he told the story of his injuries in the Vietnam War. "I was fortunate. I was lucky. I was blessed," said Todd, remembering that had circumstances surrounding his injuries been different, he would have died.

Following his involvement with Farnie, Todd has been asked to speak at three upcoming community events, one of which will be filmed by Farnie.



Courtesy of Keith Farnie

**PROUD HERO** Dr. John Todd proudly shows his medals earned as a Huey fighter pilot in Vietnam.

# Former Princeton Professor Teaches Religion At RC

By | ALEXANDER VENET

Dr. J.J. Roberts, a distinguished professor who taught for more than 25 years at Princeton Theological Seminary, has started teaching religion courses at Rochester College.

Roberts assumed some of these courses while Dr. Craig Bowman, a former student of Roberts and an RC professor of religion, recovers from a recent bone marrow transplant.

“When I heard that he had undergone a bone marrow transplant last April and was not going to be able to teach for a year, I let the president of Rochester College know that I was available to help fill in for Dr. Bowman while he was recovering,” Roberts said.

Roberts is teaching Major Prophets in RC’s traditional program and Monarch to Messiah for RC’s Center of Extended Learning.

“We have been blessed by Dr. Roberts,” said Dr. Keith Huey, chair of the Department of Religion. “He has honored us with his generosity, his experience, and his scholarship. I hope our students understand, to some degree at least, what a

remarkable opportunity we have been given.”

Roberts earned his doctorate at Harvard University and was instructed under the renowned historian Thorkild Jacobsen, who specialized in Assyriology and Sumerian literature.

After graduating from Harvard, Roberts taught ancient near-eastern

studies at universities such as John Hopkins, University of Texas, Yale, Dartmouth and Princeton Theological Seminary.

Roberts specializes in ancient near-eastern literature, and he is able to decipher over 14 different ancient languages. His interest in biblical studies began at Harvard, when he

decided to study ancient Greek and Hebrew. After studying under Jacobsen, he began to study Mesopotamian and Sumerian languages.

Roberts commutes on Thursdays each week from Grand Haven, Mich., to teach his two courses. Plans are in the works for Roberts to teach two courses in the spring semester.



Photo By | KARIMA BISHOP

**DR. J.J. ROBERTS** teaches Bible courses in Dr. Bowman’s absence.

## Chinese Human Rights Activist Confirmed Alive; Then Re-kidnapped

By | JOHN DECKER

Gao Zhisheng has gained international acclaim since 2000 for his legal efforts on behalf of persecuted Christians in China.

He has been nominated for the Nobel Peace prize twice, once in 2008, and again in 2010.

Since 2007, Gao has been repeatedly detained, beaten and tortured by the Chinese authorities.

Because of the continual danger, surveillance and abuse, Gao’s wife, Geng He, and children, Tianyu and Gege, decided they had to escape. On Jan. 9, 2009, they were miraculously smuggled out of China. Gao stayed in China and continued to defend the persecuted and expose the evils of the Chinese Communist Party.

Less than a month later on Feb. 4, 2009, Chinese officials kidnapped Gao, and no one heard from him for many months.

Finally, Gao Zhisheng was confirmed alive on April 6, 2010. It is believed that he was released in an effort to subdue the international attention that his 13-month disappearance brought to China.

However, Gao’s “freedom” was short lived, and on April 20, 2010, he vanished once again. No one has seen or heard from him since.

Let us not allow Gao Zhisheng’s courage to be in vain. May the cries of the oppressed move us to action. If you have not done so, sign the petition on [www.FreeGao.com](http://www.FreeGao.com). You can read more about Gao’s plight at [rcshield.com](http://rcshield.com).



[www.telegraph.co.uk](http://www.telegraph.co.uk)

# Staff Psyched About RC's Student-Focused Mental Wellness Clinic

By | HANNAH CAIN

Students at Rochester College may be surprised to find out that the college has a Psychology and Counseling Clinic just for them and their life problems.

Psychological services can provide coping mechanisms to help students succeed both academically and personally.

The role of the Psychology and Counseling Clinic is to help meet the psychological and developmental needs of young adults who face major life transitions and adjustments while they are in school.

Some of the services provided to RC students include individual psychotherapy, marital and family psychotherapy, and psychological assessments to assist in identifying the individual challenges of students.

"Our therapists are well qualified and have the highest credentials so you can get professional psychological services at a minimal cost," said Dr. Gordan MacKinnon, clinical director and professor of psychology.

The clinic is a service for students, so the fee is minimal; the first five sessions are free and all sessions afterwards are \$10 each. The

clinic is not able to take health insurance at this time.

"I would use the Psychology Clinic, because college can be very stressful," said La Toya Fowler, a sophomore at RC, who had previously been unaware of the Psychology Clinic's existence.

MacKinnon started the clinic in fall 2005. In 2007, Dr. Robyn Siegel-Hinson, associate professor of psychology, and counselor Melissa Schroeder joined the team. Dr. Brian Stogner, vice president of health sciences, joined the clinic in the fall 2010.

"I am very proud of the staff and what we have done," said MacKinnon. "It started out very small but we have been growing each year and have been seeing more people each year. It has been pretty helpful to people," said MacKinnon.

The clinic is located at the Gatehouse on the far west end of campus. To make an appointment, call Dr. Gordan MacKinnon at 248-218-2122.

# Cafeteria Expands Services

By | TANNA EVANS

Student involvement, educational programs and cooking lessons will be some of the new 2010 features of the Rochester College cafeteria.

Director of Dining Services Patrick Strzyinski and his staff utilized this summer to update the way in which the RC cafeteria will operate. After a busy summer, they opened their doors to a new year and several new ideas including Interactive Wednesdays, more student involvement and the launch of an up-to-date website.

The cafeteria is run through a company called Chartwells, which serves many schools, kindergarten through college. Chartwells is dedicated to providing nutritious meals and educating students on the value of eating properly. Chartwells' motto is *Eat.Learn.Live*, and all its employees are encouraged and required to live this motto out in the workplace.

This year at RC, Chartwells will be utilizing a website in which students can see each day's menu in advance, post comments about the food and service, as well as view general information about meal plans.

Strzyinski's goal is to have open communication with students, and he will be using Interactive Wednesdays, the website and comment cards as a way of connecting and learning about students.

"Chartwells is pleased to serve the Rochester College community and all our guests on campus. We will continue to strive to be a leader in the food service industry but will only achieve this through our partnerships with you, our guests," he said.

Strzyinski has several events planned for the semester including a chili cook-off, cupcake decorating and several premiere dinners for the students to enjoy. "I think it's fun and a good thing that the cafeteria staff tries to get us involved," said Megan Chambers junior at RC. "It's nice to have a sense of involvement."

Even students who don't attend Rochester College are finding themselves in the school's cafeteria. "My girlfriend goes here and the food isn't bad, so I end up eating dinner here a lot," said Dustin Dill, a student at Oakland Community College. The cafeteria is utilizing everything it has in order to provide students with great service and excellent food.

To learn more about the RC cafeteria, visit [www.dineoncampus.com/rochester](http://www.dineoncampus.com/rochester).

## Psychology Students Seek Participants To Assist In Research Projects

By | EMILIE VINSON

The Rochester College experience goes far beyond simply learning things from a textbook. Eight Rochester College psychology students are in the midst of their senior research projects and are looking for volunteers to participate.

"At Rochester College we have a vibrant Psychology department training the psychologists and researchers of tomorrow," said Dr. Robyn Siegel-Hinson, associate professor of psychology. "Regardless of your major – whether it be Psychology, Social Work, Business, Education or Bible – you can avail yourself of one or more of these interesting academic research experiences."

The research projects will be presented in the Spring

2011 Academic Symposium, where students will have the opportunity to view the results of the studies.

Students who are interested in participating should speak to their professors, as some are willing to give extra credit for participation in research projects.

Following is a list of the senior student researchers and the topics of their projects. Study results will be presented in April 2011.

*Vince Alvarez*: Qualities Unique to the 19-23, 24-28 age ranges

*Emily Berry*: Learning Styles

*Nicole Bruce*: Public Discomfort and Self-perception

*Elizabeth Hansen*: What is the typical Psychology student like?

*Jacquelin Maiuri*: Affects Autistic Children Have on Their Siblings

*Wendy Phifer*: Stress and Art

*Brian Potthast*: Is technology friend or foe to psychology?

*David Ristich*: Physical changes in college students

For more information, contact Dr. Robyn Siegel-Hinson at [rsiegel-hinson@rc.edu](mailto:rsiegel-hinson@rc.edu).

General Psychology students are also looking for volunteers. Find out more about how you can participate in these unique studies by locating this article on



CAMPUS QUESTION

# What Would Your Favorite Fortune Cookie Saying Be?

The love you receive is based on the love that you give.

DORJON LYLUS



**"A thrilling time is in your immediate future."**

REGGIE HARVEL

Your Persistence Will Pay Off Soon  
**Keep Working**

DWAYNE DALTON

**Success.**  
*is at your fingertips*

KIM CLEMONS



Never lose the ability to find beauty in ordinary things.

DIANA KELLY

**He who goes to bed with itchy butt, wakes up with sticky finger.**

MATTHIAS PITTS

**"A day's worth of worrying is harder than a week's worth of work."**

DENA STEWART

**Time is everything!**

ASHLEY PIKE

**Summer**  
IS  
approaching

TANNA EVANS

**"NEVER GIVE UP. ALWAYS PERSEVERE" OR "FIRST THINGS FIRST."**

NIKO BREWINGTON

CLARISSA ANTWINE  
**"Risk may cause failure, but success cannot come without it."**

**"You will be rich very soon."**

KOUREA HAYES



# “COLD TANGERINES” REVEALS LIFE

By | RANDEE ROWELL

## A Collection of Short Stories by Shauna Niequist

How do we separate the spiritual from the non-spiritual? The ordinary from the extraordinary?

“Cold Tangerines” is a collection of 40 short stories in which Shauna Niequist proves that there need not be a separation. Her personal stories delve deeper into the mundane, everyday experiences and find the celebration that occurs when we become aware of God’s presence in these moments.

Niequist has a way of making her personal stories so relatable that time and time again, I felt like I was reading a journal of my own. She collects the circling thoughts of my mind and the inexpressible depths of my heart and puts them into stories.

Many of the stories in this book are ones that I have read again and again. It is a relief to read something and then realize that it is what I have been feeling all along, without being able to accurately express it.

Other times, I’ve re-read the stories

because Niequist sheds a fresh light on the things that I experience in my day-to-day life. Somehow, she finds the brightest perspective on the most routine things.

In addition to the content of this book, I love its layout. So often during the academic year, I don’t have time to read for enjoyment. This book allows me to do that because I can sit down for 10 minutes, read a short story, and feel satisfied.

By the way, “Cold Tangerines” is now available in paperback for about \$10; you can also read PDF samples of the book at [www.shaunaniequist.com/books](http://www.shaunaniequist.com/books). Just last month, Niequist released a second book, “Bittersweet,” which is another collection of short stories that explores both the beauty and the brokenness in all things.

As much as “Cold Tangerines” is about Niequist’s life, it is also about my life—and your life, too.

# “Inception” Bends the Mind

By | ERIC VANLERBERGHE



Just the other day I decided to go and see the movie “Inception.” In a nutshell, the protagonist Cobb, played by Leonardo DiCaprio, leads a team of people into other people’s minds while they dream.

As crazy as it sounds, it turned out to be a mind-bending and thought-provoking movie.

In essence, someone would hire Cobb and his team to enter a person’s subconscious and retrieve secrets or information for the hirer. The term for this is *extraction*.

Soon, Cobb is faced with the challenge of placing an idea or thought instead of taking information out of someone’s subconscious. Opposite of extraction, this is *inception*.

This epic adventure through a person’s dreams and subconscious has everything necessary to be considered a great film, including drama, suspense, action and mind-bending twists.

If you decide to see one last summer blockbuster before winter, or even if you just want to see a great movie, “Inception” is definitely a movie to put on the top of your list.



celebrate every day.



[shaunaniequist.com](http://shaunaniequist.com)

# Power In Words

*RC students major in big dreams*

By | **ADRIAN SCHAFFER II**

# & Thoughts

We are making history at Rochester College ... not sketched-in-stone history but it is under construction. Famous for being the region where Motown was birthed, the Detroit-area continues that sound and desire for music. And at RC, that passion, drive and beat resonates in some students.

What if there is a possibility that the next American Idol is playing ping-pong in the student center? What if there is a hip-hop dude that will reign someday throughout the music industry currently roaming campus and attending classes? That dude might be young, fly, and flashy, and also cool, educated and scholarly.

Be on the lookout while you are at the vending machine, in the Chill, eating in the cafeteria, or watching TV in the student center.

RC has it all boiled up, just waiting to be stirred; everything that fosters hard work, dedication, discipline and soul in music lies here. Check out what your fellow schoolmates Keith Honda and "JRoc," better known as Jarred Douglas, embarked on this summer and what they are doing in an effort to ignite Motown and represent RC.

"Music played a huge part in my summer this year," Keith said. "Right as school got out, I was a part of the Rochester College chorus that went across the country on a Chorus Tour."

The tour included a Choral Conference

at Pepperdine University, but that was not it for Honda. Next, he traveled to New York to compete in the "Classical Singers

"We went through all the tedious waiting in line to finally get our shot at making the show. We both made it past the initial three rounds of judges, and are going back to Milwaukee soon to audition in front of the real judges."

Now, that's a musical drive. Honda claimed that this was definitely a great summer musically, and that his biggest accomplishment was the American Idol experience. Let's wish Keith Honda good luck and be sure to call in to support him when it's his time to shine.

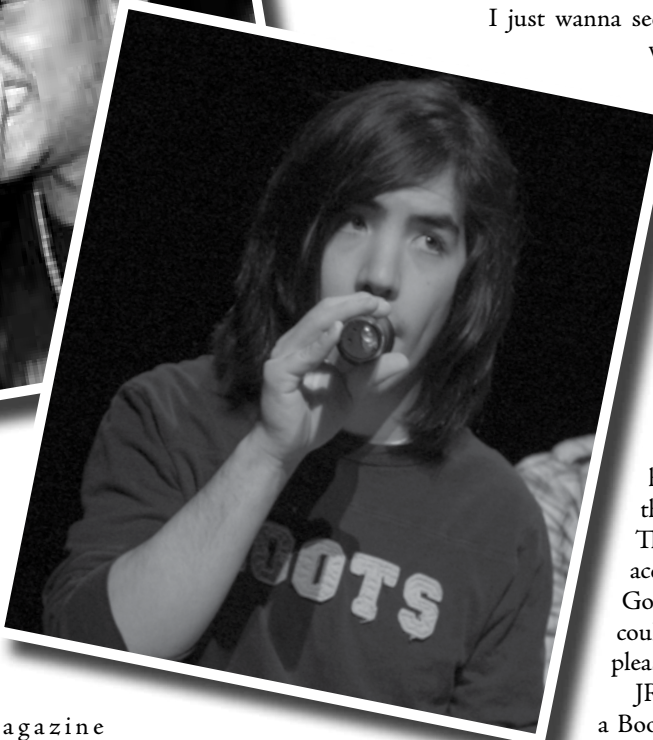
Artists and creative minds alike share a common bond through music and life, even if their genre and lyrics differ. "Honestly I just wanna be the one you need... and honestly I just wanna see my name on that ticket...

when it's all said and done I can tell em' that I lived it," Jarred Douglas recites as he plays an exclusive track from his upcoming mix tape "Notebook in a Book Bag."

JRoc plans to follow a similar musical strategy that rapper Drake did. Drake released his mix tape "Comeback Season" to show his peers and music fans that he had the wit to survive in the lyric-driven sport of rap. Then, he released the highly acclaimed mix tape, "So Far Gone," which helped prove he could make an album that was pleasing to the ear.

JRoc will release "Notebook in a Book Bag" followed by "Dream Tape," which he says "will be a well crafted project." Douglas is quite the character; he is a ball of emotion, passion and comedy. The great thing about JRoc is how he captures his perspective in his raps.

By the time Motown, your town and my town are "hip" to Keith Honda and Jarred Douglas, they'll be a part of history; there is power in words and thoughts.



### ENTERTAIN IS THEIR MIDDLE NAME

Jarred Douglas and Keith Honda entertain crowds with both of their unique vocal styles.

Magazine Competition." For the competition, Keith prepared a list of five songs, and sang them to a panel of judges in which he ended up being the youngest singer to reach the semi-finals in the entire competition.

And, there's more. "In mid-July, my friend and I decided to drive down to Milwaukee, and audition for American Idol," said Keith.



By | **SETH MORRIS**

# HASTE THE DAY

Heavy metal isn't usually in the mix when people think of "Christian music." Conversely, to longtime metal fans like me, the stigma of Christian music is often one of talentless, hackneyed rip-offs and clumsy, thinly-veiled attempts at crusade-like evangelism.

However, with the release of its fifth studio album, "Attack of the Wolf King", Christian metal band, Haste the Day, proves that a commitment to Christ doesn't have to interfere with a commitment to making quality music.

From the blistering opening riff of "Wake Up the Sun" to the haunting final strains of

"My Name Is Darkness," "Attack of the Wolf King" is a journey through the full spectrum of Haste the Day's ever-evolving musical capabilities, showcasing soaring rock anthems, brutal death-metal breakdowns, and everything in between.

More than that, it's a spiritual experience. A maturing faith is evident in the lyrics of songs like "Travesty", where vocalist Stephen Keech sings in worshipful attitude:

*"You cover the darkest part of me,  
With a look that's sure to set the captives free—  
With love that the blindest eyes will see,*

*You cover the darkest part of me..."*

For those who believe in the power of words, there's no ambiguity here. Haste the Day lays down a solid lyrical message of victory in adversity, hope in hard times, and the desperate need to be protected by the blood of Christ. Whether in melodious singing or a harsh scream, the message is there.

Proclaiming light and life, Haste the Day issues an unapologetic challenge to a genre of music that's full of darkness and death. It's a call to uncompromising integrity—not only in music, but in faith.

# DIFFERENT PATHS

## Non-Christian Students on a Christian Campus By | SETH MORRIS

Christian faculty, Christian classes, Christian worldview. Rochester College maintains a standard based on a faith that most of its students uphold. For some, this is safe and familiar, but what about the people for whom it isn't?

It's easy to be insensitive to people who disagree. It's even easier to blindly and unquestioningly cling to self-righteousness and arrogance over those who question or reject the dogma of the Christian church. Yet at the root, the calling of a Christian is to love, and that's what Rochester College is about.

"I believe that God exists, yes," says one non-Christian Rochester College senior, who chose to remain anonymous.

"I believe Jesus existed, I believe all that stuff—but the main qualm that I have with Christianity and Christians is the fact that it seems like all the time, things seem to be set in stone. It feels like people don't really believe there will be any exceptions for anyone."

His view is that Christianity often leaves no room for questioning, and he disagrees with the hypocrisy and inflexible stance of most Christian churches.

"I really wish Christians were less judgmental," he said. "And I know they say 'hate the sin, love the sinner', and they'll preach that until they die, but they won't follow it. And that's what gets me."

Conversely, Campus Minister Adam Hill expressed that there is, to him, no value distinction between Christian and non-Christian students.

The religious programs of Rochester College are not subversive, but rather provide an opportunity to think critically about questions of religion. The chapel services, although not pretending to be anything other than overtly Christian, are meant to be constructive for people of all faiths.

"We understand that there is a difference between a church and a Christian school," said Hill. "It is not my job to convert non-



Christians into Christians.... In campus ministry, my job is to call this campus to the kind of community that we have in Christ. We want to be a blessing to those around us, whether or not they believe."

Hill's refreshing view is that Rochester College exists to build a community of people who know how to doubt, to have faith, and to care for others.

The anonymous senior said, "We are all very privileged to be in a place where everyone pretty much believes all the same things. We shouldn't take that for granted while we're here."

Ultimately, for those of any faith, Rochester College is meant to exemplify a community of love, care and acceptance. "The prayer I pray for all of our students, Christian and non-Christian alike, is the same prayer," said Adam Hill. "And that's that they love one another."



# CHRISTIANS IN THE MEDIA

## Band With RC Alumni Wins National Contest

By | SHANNON BIERNAT

There's been an interesting commercial phenomenon, reminiscent of old school jingles: Catchy tunes released on television to promote FreeCreditReport.com, a website that allows users to track their credit information.

Experian, the parent company of FreeCreditReport.com, decided this year to change direction from credit reports to scores. With this in mind, they needed a new band to promote their new site, FreeCreditScore.com.

Thus began the adventure for The Victorious Secrets, a Detroit-based band comprised of five gentlemen, Daniel Zott (lead vocals, guitarist), Mike Mulliniks (guitarist), Stephen Saputo (keys), Bryon Rossi (bass), and Daniel Rossi (drums). Both Rossi brothers are alumni of Rochester College.

The competition held auditions in Los Angeles, Chicago and New York. Alongside the bands chosen from each city, a band was to be chosen online. That band was The Victorious Secrets. All four bands would compete to be the new spokesband for FreeCreditScore.com.

On Aug. 10, FreeCreditScore.com announced a winner: The Victorious Secrets.

As the band has stated many times, this would not have been possible without the community they have come from, including

many fans from their win in the 'April in the D' competition earlier this year, as well as the people from their church, Kensington Community Church.

five members of The Victorious Secrets are active members of Kensington, with several working at the church. Mulliniks and the Rossi brothers are all involved in the music ministry at Kensington.

When the members of the band are not hanging out at church or winning competitions, they might be found opening for bands like Ke\$ha and B.o.B., or perhaps walking the red (white) carpet at the 2010 VMA's. They might be recording their first full-length album or filming another FreeCreditScore.com commercial.

Wherever you find them, they are sure to be cracking jokes.

In an interview with Fox Sports Detroit, Mulliniks was asked how the band was formed and he said, "Twas 1,200 years ago, when we were upon a Viking ship that ran aground... we came across a rare breed of tree..." Saputo chimes in, saying, "Which we extintced from the population immediately with our axes and built from them 1,235 unique guitars and one upright piano."

What lies in store for this infant (according to some sources, they formed only seven months ago, rather than 1,200 years) band? Who knows... But whatever they try their hand at, they seem to reign Victorious.



According to Mike Stiner, a friend of the band's and a Rochester College student, all





## What's New on Facebook?



**Jonathon Drama Powell** is too busy to be sad, too positive to be doubtful, too optimistic to be fearful, and to determined to be defeated...

Posted September 11, 2010 · [Comment](#) · [Like](#)



**Brenden Bodie Davison** is going on a date tonight...He paid a good 12 dollars to get an exclusive date with his wonderfully beautiful girlfriend on the date auction you know!

Posted September 20, 2010 · [Comment](#) · [Like](#)



**Heather 'Henderson' Miller** Dear Kroger, "extra thick" bacon does not mean "extra wide" bacon. Please take your note pad, jog down the street to Whole Foods and take measurements of their bacon. Mokay?

[Comment](#) · [Like](#)



**Duncan Mead** First TRIAD class at Rochester today! All students and young couples are welcome to come at 1015...PLEASE COME!!!!

Posted September 12, 2010 · [Comment](#) · [Like](#)



**Clarissa Antwine** worshipped and prayed until 5 this morning with some of the most amazing people. I have never felt this alive!

Posted September 8, 2010 · [Comment](#) · [Like](#)



**Jessica Crook** the first thing i think of wen i wake up in the morning is wen can i take a nap during the day...now thats a problem :)

[Comment](#) · [Like](#)



**Matthias Pitts** just got a piece of metal pulled out of my eye at hospital. it was embedded so they had to stick a needle into my to get it out. It was pretty cool anthony laster should put the video of it up soon haha

Posted September 21, 2010 · [Comment](#) · [Like](#)

PLEASE NOTE

Compiled by Carlee Barackman. The Shield prints Facebook statuses as they appear when posted. To see yourself in our new "What's New on Facebook?" recap next issue, become a fan of The Shield Online.



Photograph courtesy of Google.com

By | **MELISSA CLAYTON**

Recently, we have seen an increasing trend in being environmentally conscious. Organic products are popping up all over grocery store shelves in many different ways—from shampoo, to crackers, to fruits and vegetables. Large corporations, such as Starbucks, are following the trend, featuring products such as recycled cups. Just check out the side of your cup next time you’re sucking down a

Vanilla Bean Frappuccino.

So what is the big deal about going organic? What does the term, “organic,” even mean?

When a product is certified organic, it means that the product was grown and handled without harmful pesticides and is free from genetic modification. Research has linked these chemicals to cancers and other diseases.

Organic products keep toxins out of the air, water and soil, as well as our bodies. So why wouldn’t you want to go organic? *It’s too expensive*, you whine. This is slightly true; healthy foods tend to be more expensive. It costs more to eat a salad at McDonald’s, than it does to eat a McDouble (although, McDonald’s salads are far from healthy).

Why would you put a price on your health? You only get one body to take care of. This might make you reconsider shelling out a few extra bucks for groceries.

Another typical excuse is, *organic food is gross*. Organic products are produced in harmony with nature. This might only make sense to me, but I don’t think that in Bible times farmers injected their animals with hormones to fatten them up faster. Organic is probably the way God meant for us to eat.

Now, I don’t claim to be all natural and organic, but I am slowly being converted. I started this conversion when I went vegetarian about a year and a half ago. I have since felt so much healthier. I don’t insist on everyone giving up meat, but I do encourage you to buy meat from grass-fed animals only. If an organic alternative to a product is available, I tend to buy it, regardless of the price.

Call me a crazy, tree-hugging hippie or whatever you will, but I feel good knowing that I’m putting healthier things in my body, and being kinder to our environment while I do it.

## Thoughts On Chapel Change From Raging To Relishing

By | **EMILIE VINSON**

I’ll be honest. When I first heard about the new chapel policy, I was a tad upset. Actually, my mom said I had smoke coming out of my ears.

I counted all the chapels I could attend, factoring in that I was scheduled to work on Thursdays. Sixteen. According to the new grading system, that’s an F. I re-counted to factor in the few weekends that chapel credit was offered. Eighteen. Still, an F.

As a straight-A student, I think this is when the smoke started coming out of my ears. An F on my transcript? For chapel? Absolutely not.

After waiting a day or two for the smoke to subside, I emailed Dean of Student Development Brian Cole, who forwarded the email to Dr. John Barton, vice president of academic affairs, who asked if I’d care to sit down and talk about chapel. I did care.

(For the record, this is one of the things I appreciate most about Rochester College. Not every school employs a faculty where the vice president of academic affairs will carve out an hour to discuss chapel with a slightly disgruntled student.)

Hearing Barton explain the thought processes behind why RC chose to implement this new policy helped me understand and begin to appreciate the change. If you’re interested in reading more about the process behind chapel’s changes, visit [www.rcshield.com](http://www.rcshield.com).

Ultimately, my job situation ended up changing, and I am now able to attend chapel on Thursdays. I have been quite impressed with the quality of chapel so far this semester—especially the Focus Chapels. Thankfully, I’ll be getting an A, not an F.

However, as a commuter, the one thing I

would still change about this new system is its frequency. I believe chapel should be offered on campus one more day during the week. Perhaps it could be during the afternoon hours, taking into account that many students have no morning classes and don’t need to be on campus until several hours after chapel.

Personally, I would love to see more Focus Chapels. As a commuter, I feel these chapels help build a great sense of community.

Either way, this extra chapel would allow for the fact that many commuters (and residential students) don’t have morning classes on one of the two days per week that chapel is offered. Many are working during that time, and for those students who are concerned about retaining a high GPA, one more chapel option during the week would be valuable.



Photo Courtesy of [www.teenmoney-makingideas.com](http://www.teenmoney-makingideas.com)

## Just Because I Make Your Sandwich...

By | Tanna Evans

After a somewhat long and successful first year in college, I left my cozy dorm at Rochester College and moved back home. There, I picked up my old life—including my old job. Now, this is the only job I have ever had, and though I was thankful for it, I was quite delighted that this was my final summer as a “sandwich artist.”

At first, I blamed my distaste for the job I have held for 2+ years on the fact that I had gone away to school and filled my head with academia for eight months, thus making me far too intelligent for my silly high school job. But then it hit me—it wasn't me, it was them. I hadn't changed, but rather I had forgotten just how poorly minimum wage employees are treated.

I watched as customers looked down on me for making their food, the whole time thinking to myself that this job was being used to help me further my life. I was working toward becoming a better person, and they were simply treating me as though I was the lowest of the low. I had women snapping their fingers at me, some customers yelling at me for their own mistakes and others treating me

as though I was their servant. The attitudes of these people amazed me.

I had been promoted to ‘shift lead’ status for the summer, and one of the main employees I was in charge of was a mentally disabled 24-year-old man, who had a heart of gold and gave his best on a daily basis. He was there at least 10 minutes before his shift every day, made sure he went above and beyond his required duties, and stayed as late as needed to ensure that the store was in the best condition possible.

Because of his disabilities, his speech is a little hard to understand and sometimes he can be quite frustrating, but he gives his best. I watched as customers called him every name under the sun, from ‘retarded’ to cuss words that I am not allowed to print. They made fun of him, complained about him and sometimes even refused to allow him to serve them.

But this employee just kept working no matter how cruel people were. Here was a guy who could have been sitting at home, collecting from the government, yet instead he was out working and trying to earn a living.

My heart broke every time I was treated

poorly or watched one of my co-workers being treated in such a manner. I was in amazement at the vulgarity and downright mean way that customers treated us. We are people, and better yet, we are God's people. Yet, we are treating/being treated as though we are nothing. My co-workers have families, they have goals and ambitions just like everyone else, but for some reason we are viewed differently because of which side of the counter we are on.

This summer taught me a lot about the way we, as people, treat others. Would it hurt to look at the person behind the counter as more than someone giving you what you want? Would it hurt to see them for the student, mother, friend, or child of God that they are rather than as someone there to serve you?

God commands us to love one another as ourselves. I challenge each person reading this article to take a look at your own life and see if you are treating people the way you want to be treated. Or do you see yourself as being better than someone else simply because of a counter or a job description?

# Nothing Annoys Me More Than...

By | JOHN DECKER

Nothing annoys me more than listening to people talk about God as if he's a boring, old man. Nothing could be further from the truth.

The God of the Bible is altogether wonderful, and altogether terrifying.

Have you ever finished a great book, and found yourself wishing you were friends with the author? Have you ever been moved by a song, and wished you were friends with the band? Well, here's something to chew on:

God has made everything that has ever made you smile, everything that has ever captivated you, everything that has ever inspired you.

God has made everyone that you have ever loved.

God holds every atom of our being together, and gives us every breath as a gift. There is nothing in the Universe that is worth pursuing more than God, nothing that will satisfy like God, nothing that is as beautiful as God.

There's a line in William Cowper's poem entitled, "Light Shining Out of Darkness" that reads:

"Ye fearful saints, fresh courage take,  
The clouds ye so much dread  
Are big with mercy, and shall break  
In blessings on your head.  
Judge not the LORD by feeble sense,  
But trust him for his grace;  
Behind a frowning providence,  
He hides a smiling face."

I just love that last line. It is far too easy to get so wrapped up in our shortcomings and failures that we miss the fact that God loves us. And not the future, "cleaned up" version of us, but rather the dirty, broken, messed up us right now.

The God of the Bible is ferocious, benevolent, terrifying, just and loving. Pursue the One who made you with everything you have, and the things of this world will grow strangely dim.

# Living the Afterward Life Lessons in "Charlie St. Cloud"

By | MIRIAH JONES

Have you ever had a personal struggle? Have you ever wondered how to feel after it had ended? I have. Do not worry, because you are not alone.

In fact, wondering how to deal with myself after a struggle is something that I could not stop thinking about throughout the entire "Charlie St. Cloud" movie. As movie trailers show, it is about a young man who loses his little brother because of a drunk driver and a late night drive.

Not only did this movie pull at my heartstrings, it tugged at my deeper thoughts, and I can honestly say this movie moved my soul. In the story, Charlie St. Cloud must rebuild his life after his little brother's death.

Pre-death, Charlie was headed to college on a sailing scholarship and was, by all means, the happiest kid in town.

Post-death, Charlie is not so happy



Photo Courtesy of [www.charliestcloudthemovie.co.uk](http://www.charliestcloudthemovie.co.uk)

go-lucky. He is depressed and wallowing in his own sadness. Was it his fault his little brother died? Absolutely not. Did Charlie feel that way? Absolutely.

The movie caused me to pose the

question, "What changes with death?" Besides the obvious changes, what truly happens to those affected by the death? I've come to find that those who lose someone to death are changed.

Do the things they love to do, or the people they hung out with before this tragedy change? Most likely not. It is all within the human affected. There should, of course, be a mourning period, but just because the world shakes does not mean you must continue to shake even after the quake has passed.

As with many other movies, Charlie comes out to find new meaning. Although I will not ruin the movie for any of you who have yet to watch it, I have come to a conclusion: I believe you can only be strong when you have accepted everything that makes you so weak.

# New Coach Takes Over Men's Soccer Program

*A Profile Of First Year Coach Keith Keitz*

By | **CARLEE BARACKMAN**

First year men's soccer coach Keith Keitz got a late start in the recruiting season for the Rochester College team. Keitz was hired in March, which is after most players have already decided where they will play in the fall. But Keitz still brought in seven new recruits to replace the multiple players that left for various reasons.

Keitz said he believes the recruitment that can be done locally is extremely valuable, as the players that are local are talented enough and a great fit for Rochester College.

"Coach Keith came into the program and helped us not only bring in recruits but also runs the training sessions that prepare us for wins. He understands the game well and knows what it takes for our team to win," said

“He understands the game well and knows what it takes for our team to win.”

Chadwick Helberg, returning sophomore.

Keitz's goal was to go into the season and evaluate the team. He plans on building the character of the program and show the men where they need to be in terms of development.

Captain Bernard Kanjoma praised Keitz, stating that he is very competitive on the field. He confronts players when they make a mistake, which is good because it allows players to realistically acknowledge their mistakes. He uses constructive criticism and is very straight forward. But even off the field, Kanjoma says Keitz is "likeable and the guys are able to go to him with any problems or concerns very easily."

Keitz believes he is now settling in, enjoying the season and enjoying being around the team. While he is focusing on this



season, he wants to bolster the roster next year and add some defense to future rosters.

Keitz is currently also coaching the Bloomfield Force in addition to the men's program. He has been coaching for the past 18 years. Keitz is married with three children and is a retired homicide detective in the city of Warren.

At press time, we learned the RC men's golf team had defended its national championship. Congratulations! Find out more at:

**rcshield.com**

Photographs By | **BRAIN POTTHAST**



## Meet New Recruits

From top: Jake Joa (Royal Oak H.S.), Hayden Clark (Eisenhower H.S.), Robert Ekrem (Oakland University), Shane Averitt (Armada H.S.), Adam Shiblaq (North Farmington H.S.), Lee Olivias (Hazel Park H.S.)

# NFL Predictions For 2010

By | **JOEL DOTSON**

The NFL season is underway. Many changes have been made, from familiar faces on new teams, to new head coaches, to Brett Favre coming back ... again.



An NFL season is usually unpredictable. Fortunately, it is early in the season, and we can make whatever predictions we want, so here are some of my predictions for

this NFL season:

**The Packers will win the NFC North.** We all know about Brett Favre and the Vikings, and how Favre led Minnesota to the playoffs last year. Things have changed since then. Favre has an ankle that will not be 100 percent. I believe much of Minnesota's success will hinge on how Favre plays.

Green Bay looks good this year. They've got a good group of talent on the team, with quarterback Aaron Rodgers playing better than ever and a solid offense and defense to back him up. While I think the division will be close no matter what, I see Green Bay coming out on top.

**The Ravens will win the AFC North.** Cleveland is nothing special. Cincinnati will have a hard time keeping the press at bay with the duo of Chad Ochocinco and Terrell Owens yapping

their mouths off, and once Carson Palmer gets hurt, the Bengals are done. Pittsburgh is going to be hurt by Ben Roethlisberger's four-game suspension and a rocky offseason.

That leaves a stacked Ravens team that has a rejuvenated offense with the acquisition of former Cardinals receiver, Anquan Boldin. Add that to an offense with Joe Flacco and Ray Rice, plus the Ravens' steady defense, and you have yourself a division winner.

**The Rams will reach the playoffs.** As of this writing, the Rams are 2-2, having won two straight. Sam Bradford has done surprisingly well as the starting quarterback. The Rams defense has not allowed more than 17 points in four games. As usual, a lot of the offense depends on running back Steven Jackson. If Jackson gets hurt, the NFC West could be up for grabs to the other three teams in the division.

## Ben Roethlisberger's Outcome

By | **ADRIAN SCHAFFER II** *What the NFL players and fans can learn from "Big Ben's" antics*

Super Bowl champion and all-pro quarterback Ben Roethlisberger is not without his fair share of scandal, as the NFL has suspended him for six games. But what "Big Ben" has done has created a blurred explanation for the character of athletes.

The Pittsburgh Steelers and their fans are a hard-working class of individuals. I am sure they do not approve of the alleged behaviors that are being thrown at Big Ben.

However, this latest situation seems to have shaken the star quarterback's fans. Though he has never hidden the fact he enjoys the nightlife, perhaps this case shows he enjoys it a bit too much.

According to NFL's Commissioner Roger Goddell, there was "progress in the behavioral improvement program prescribed as part of the suspension," therefore the suspension was reduced to four games.

It seems that Goddell is showing some preferential treatment for reducing the suspension. This is not a good sign under the Goddell regime, because it has been noted how he has treated other players who have

displayed poor conduct, on-and-off the field.

The Steelers must be on to something, because they decided to offset Roethlisberger's inelegant behavior by demoting his captain status.

Although the team traded away wide-receiver Santonio Holmes once he was suspended for four games after violating the league's policy on substance abuse, they are standing behind their quarterback.

Hall of Famer quarterback Terry Bradshaw, who led the Steelers to four Super Bowls in his career, felt what Big Ben did was worse than what Holmes did. Bradshaw said of Big Ben, "they should have dumped you." He continued, "If there are three letters associated with Roethlisberger's name, make them NFL,

and not TMZ."

Let's focus on what is important – conduct first. An adult should not get in continuous trouble for childish antics or behaviors. Some of these silly instances now and throughout history show a direct correlation to the younger generation.

The world gives a sense that "it's OK to do wrong. When money is involved, I can ride this."

Even if your pockets can withstand the turmoil, your character cannot. The domino effect that takes places ends up hurting loved ones and fans.

It is uncertain what the outcome of the recent reduction in Big Ben's suspension will be, but let's hope that a lesson is learned by all parties – players and other people.



# Young Lady Warriors Lead Golf Team

By | **ERIC VANLERBERGHE**

As the fourth year for the women's golf team at Rochester College comes to an end, the team looks back on its first tournament win and its continued growth.

The women's golf team completed five tournaments, won the Spiess Memorial tournament, and placed in the top three in its first four competitions.

At the Spiess Memorial tournament, two players had notable achievements with Audrie Bedenis finishing second and Felica Hamel taking third.

The team is made up of five freshmen. Many would see this as a drawback, but Coach Clayton Bissett said the season was "fun and interesting," and that "the positives will so far out-weigh the negatives."

The players as a whole were pleased with



Photograph By | **BRIAN POTTHAST**

their start. "It was all up and downs. Everyone had his or her bad games and good games. We are hoping for a better season in the spring," said Haley Bolles, sophomore.

Freshman Chandler Heinz said, "The biggest difference I noticed coming in straight from high school was how long the practices are and also

how hard the competition is. Even though it's a longer and harder day at the course, it's all worth it in the end."



**KAT NARANJO BATTLES** with an opponent from Andrews University in a 7-0 win early in the season.

## Women's Soccer Aims To Defeat Rivals, Defending Champs

The players have a better shot at reaching their goal this year with a deeper bench on hand. Last year the team consisted of only nine women at the start of the season, when it takes 11 players to field a team. This season the team consists of

15 players, which gives them more depth on the bench.

Stank said five of the six women brought in this year were team captains on previous teams. Both Stank and assistant coach Pat Hilton are planning for growth. "We are both committed to building the program," said Stank.

The team has also strengthened its level of competition this year. Its first game this season was against Oakland University. Though RC ended up losing, the experience was invaluable. Oakland is a Division One NCAA team and playing the squad gave the team an idea of what competition is like at that level.

In addition to tough, competitive games this season, the women have also played in other exciting games as well, with the game against Andrews University leading

the way. "The game against Andrews was exciting because we came together as a team and won the game 7-0," said Latoya Fowler, sophomore.

With the team halfway through the season, Stank said, "The season has been going good, but we'd be happier if we were doing better. There is always room for improvement and they need to stay focused on the games ahead."

The Rochester College Women's Soccer Team has six games remaining in the regular season before U S C A A Nationals, which takes place Nov. 5-7 at Vermont Tech.



**JESSICA PENNY** (pictured above) transferred from Jackson Community College to Rochester College this season.

Photographs By | **HANNAH CAIN**

PAGE DESIGNED BY: CARLEE BARACKMAN

By | **KRISTIN BOVEE**

Entering the 2010-11 season, the Rochester College Women's Soccer team is pursuing its goal to reach the U.S. Collegiate Athletic Association National Tournament.

At the end of September, the team's record was 6-5-1, with a No. 2 ranking in the USCAA coaches' poll. "We have a fantastic core group of girls," said Coach Todd Stank. "We brought in not only a quality group of girls, but leaders as well."

The team has been a group of competitors throughout the season and remains hungry for the national title. The squad's main rival is Marygrove College, who won the national title last year. "We have developed a rivalry against Marygrove over the past year, and our goal is to win nationals and beat the defending champs [Marygrove]," said captain Carlee Barackman, junior.

rcsports  
INTRAMURALRECAP

The intramural By | AJ MUMA sports program at Rochester College continues to grow, offering a great way to blow off some steam in an accepting, friendly environment.

As the 4-on4 flag football season heats up, it's still not too late for students to get involved in a number of other great activities. The 3-on3 basketball tournament is set for Oct. 25, 26 and 28, while the volleyball season won't be getting underway until Nov. 1.

The beauty of the intramural program is that it gives students an opportunity to compete and take part in some of their favorite sports, even if they haven't dedicated their lives to it. Students don't have to be star basketball players, or even a high school level players to enter the tournament. It's all about having fun.

"Intramural sports are a great way to get a bunch of different people involved with each other," said sophomore Emily Rajter.

Two of the most popular sports on campus are dodgeball and volleyball. While volleyball is a sport that just about anyone can play to some degree, dodgeball can be downright scary to play, with all those rubber balls flying around.

"A lot of the athletes here can't participate in the other intramural sports, so we get quite a turn out for dodgeball," said Terrill Hall, co-director of Intramural Sports and assistant dean of students.

Last year, the intramural program had about 100 participants. Hall expects to top that number this time around: "We hope to have 115 or more participants this year."

Two of the newest sports the intramural program offers are Golfis and racquetball. Golfis, a Rochester College original, is essentially a round of golf with a tennis ball as opposed to a golf ball.

Racquetball is like tennis crossed with pinball. Two players compete in a small room (40'x20') smacking a ball against the walls as hard as they can in hopes that their opponent will not be able to return the last volley. It's easy to pick up and wildly fun, and it offers a great way to stay in shape.

For more details about Intramurals, check the Intramural Board outside the Student Development Office, or contact Terrill Hall at thall@rc.edu or at 248.218.2183.

# Golfis Continues To Take Over Campus



By | NICK MCDONALD

Rochester College is home to the unique and popular sport of Golfis, which is a game combining the sports of golf and tennis.

Jonathan Powell, co-director of RC intramurals, has been a Golfis player ever since his freshman year on campus. Powell said, "Golfis is a unique phenomenon. Rarely do activities have such an enormous lasting influence on our campus."

Golfis came to Rochester College six years ago when a transfer student from Hope College brought the idea of this game with him. Instead of having an entire bag of golf clubs, the competitor must choose only one club for the entire nine holes, and then the player uses the club to hit a tennis ball around the course.

Golfis is RC's newest intramural sport, and a Golfis tournament will be held in October by the Omegas social club. The first Golfis tournament was held last year and saw a turnout of 20 people. Powell said, "There will be cool prizes for the top finishers. We hope to have a great turnout."

The Golfis course is right in Rochester College's back yard. It stretches from Hoggatt dorms all the way around to the Ham Library. All pavements are considered a hazard, so players must stay on the grass. Each hole on the course is strategically chosen, usually ending at a sign, fire hydrant or trash can. These objects are used for the hole locations. Every stroke is counted until the player hits the designated object.

Some holes, such as hole five, have an island of grass surrounded by pavement and the pin is located on the island. Powell said, "Hole five is the most challenging hole on the course. It is a tough hole, requiring people to hit accurate shots."



GARRETT JAMIESON aims to shoot.



JONATHAN KOSHEWITZ takes a few practice hits.



ROBERT ROOT admires his nice hit.

For more information about RC Intramurals and Golfis, visit **eteamz.com/rcintramurals**

Photographs By | ERIC VANLERBERGHE

PAGE DESIGNED BY: CARLEE BARACKMAN

# Take Two Awareness Day

By | **RACHEL GRANT**

## Chelsea's Walk



**TOGETHER WE CAN MAKE A DIFFERENCE** Students walk the trails behind the school to bring awareness to taking two wherever you go.



**FOUNDERS OF CHELSEA'S WALK** Jessica Brooks, Miriah Jones, and Amber Perrier are excited to see Chelsea's Walk become an annual tradition.



**STUDENT-LED DEVO** Kayce McClure delivers a devo to participants in Chelsea's Walk.

On Feb. 25, 2010, California high school student Chelsea King was kidnapped and stolen from this world far too early. A friend of Rochester College sophomore Miriah Jones, Chelsea went running alone in the middle of the day and never came home.

While running alone, 17-year-old King was kidnapped, raped and murdered by 31-year-old John Gardner, a previously convicted child molester.

Chelsea's Walk is to remember her life and the lives of many other young girls who were sadly taken the same way.

Students and faculty members walked the trails behind campus Oct. 13 to bring awareness to the proverb, "Take two wherever you go." A devotional and time of praise and worship followed the emotional walk.

Chelsea's parents have created a Non-Profit organization called Chelsea's Light Foundation (found through Facebook) and the profits of the walk went to changing legislature and bringing awareness to the prevention of what happened to Chelsea. To donate to this cause, contact Miriah Jones at [mjones@rc.edu](mailto:mjones@rc.edu).

# Bookology: A Study of Books

By | **MIRANDA HITER**

Please welcome Bookology, a new book club on RC's campus. The club was created by Emily Dennis and Miranda Hiter and is sponsored by Zac Watson and Andrea Thibodeau.

Bookology hopes to unite a group of people who love to read and talk about books. The club not only likes to read books, but also enjoys watching movies based off of the corresponding books.

This semester Bookology has already read *The Lovely Bones* by Alice Sebold and *The Time Machine* by H.G. Wells. Bookology's goal is to read a different genre every month. For



Photo Courtesy of google.com

November and December, the club is reading *The Christmas Carol* by Charles Dickens. The first mini-meet for *The Christmas Carol* is Nov. 14.

A mini-meet is where the group sits down to discuss a designated part of the book. The final meeting for this book is Dec. 5 where the book club will meet to have its last discussion regarding *The Christmas Carol*. A viewing of the movie *A Christmas Carol* will follow the discussion.

If you are interested in Bookology, join the club every other Sunday in the Ham Library building in Room 113, at 7:15 p.m. For information, email Emily Dennis at [edennis@rc.edu](mailto:edennis@rc.edu) or Miranda Hiter at [mhiter@rc.edu](mailto:mhiter@rc.edu).



# Rally for War:

## A Nerf War

By | **JUSTIN MAINERO**

Every other Thursday, students gather in the RAC lobby to rally for war: a Nerf war, that is. Nerf wars have been absent on campus for two years, and now, Resident Life Staff Rob Daniels and Matt Upshur have brought them back.

Everyone arms themselves with a Nerf gun and as many darts as they can carry. The guns are modified to fire faster and harder after they are purchased.

“It’s a great experience that allows people to indulge in their childhood while building community... IT’S NERF OR NOTHING!” Matt Upshur said.

The rules of the game are simple. The group of participants split into two teams, picked by two captains. One team moves upstairs and the other stays downstairs.

When the signal is given, the game begins and both teams try to eliminate each other.

If you get hit with a dart in the head or torso, you are dead and must sit down and stay quiet. If you are hit in the arm, you lose that arm. If you are hit in the leg, you lose that leg.

Nerf wars are held twice a month. If you haven’t come yet, get a Nerf gun and enlist!



Photographs By | **RACHEL GRANT**

# Ways to Connect to Christ on Campus

By | **JASMYNN HESKETT**

For a college student, finding balance between grades, friends and a relationship with Christ can be difficult, but Campus Ministry offers various programs to help solve this dilemma.

Some of the Campus Ministry events that help students include Temple, the Offering and 24-Hour Prayer.

Temple is a laid-back way to take part in community. There’s a time of sharing and prayer, worship and singing, and storytelling. In storytelling, the person leading will share a story that’s relevant to them and they relate it with a story in scripture. Temple is about hanging out with friends and having spiritual discussions all rooted in developing close relationships with one another. Temple is held in the Chill on Thursdays at 9 p.m.

The Offering is a monthly student-led evening of praise and worship. It aims to empower the lives of disciples through sincere and meaningful worship. There’s one



Photograph By | **RACHEL GRANT**

**24-HOUR PRAYER** Third floor AG ladies come together to pray for the upcoming school year.

band that leads worship this year as opposed to previous years where various bands led the service.

“Kevin Briski is the worship leader and he’s awesome at what he does,” said Campus Minister Adam Hill.

Hill said the Offering is an opportunity for students to worship together, and it also allows some students to use their own musical gifts

and encourage others. The Offering is held in the auditorium on the third Thursday of every month at 9 p.m.

The campus community’s focus on 24-Hour Prayer took place in early September where the school centered itself in the presence of God. Campus Ministry set a room aside, and in a set 24-hour period, a faculty member, staff member, or a student volunteered to take an hour or two at a time to pray for the school, people, or a general cause. Hill believes that 24-Hour Prayer makes the Rochester College experience special and meaningful because it reminds everyone that the focus of the college is all about God.

All three events are open to students, faculty, staff members and anyone else who would like to attend. “Even some students from off campus came over to pray during 24-Hour Prayer,” said Hill.

Campus Ministry’s primary goals are to provide meaningful and practical opportunities for worship, growth and fellowship, Hill said. For more information, contact Adam Hill at [ahill@rc.edu](mailto:ahill@rc.edu).

# Let's Go "Into the Woods"

## Fall Musical Not Your Average Fairytale

By | **KAYCE MCCLURE**

After the success of last year's fall musical, "Joseph and the Amazing Technicolor Dreamcoat," the Rochester College Theatre Department has stepped up its game with this year's production of "Into the Woods," which will be performed Nov. 4-6 and Nov. 12-14.

The musical synopsis of the show centers on a baker, his wife, a boy and his cow, a girl with a hood, a princess on the run, and a witch with magical beans, which would make anyone curious to know how they all tie together. The clever musical brings together some favorite fairytale characters, such as Cinderella, Jack and the Beanstalk, and Little Red Riding Hood, on an adventure into the woods.

Greg Wiklanski, senior, is directing the production as his senior project in interdisciplinary studies. A graduate of the

American Music and Dramatic Academy in New York City, Wiklanski was a part of the European tour of the musical "Grease."

Although "Into the Woods" can be a difficult show to produce, Greg said, "Even though we are a small school, we have a lot of talented people."

Among those talented people are cast members and students: James Busam, Brenden Davison, Katy Bodine, Stephanie Nelson, Jonathon Powell, Emily Polet and Cole McClure. Performers from RC staff include Kelly Brock, Karina Brazle and Zac Watson. The cast is full of lead performances that are sure to make the audience laugh.

"The cast couldn't get any better and neither could the director," Cole McClure, who plays Jack, said. "Everyone needs to go see 'Into the Woods.' It's a blast and a half."

"Into the Woods" was written and

composed by Stephen Sondheim based on the book by James Lapine. It has been captivating audiences since its debut at the Old Globe Theater in San Diego, CA in 1986. It wasn't long before its premier on Broadway in 1987.

"Into the Woods" will be presented in the RC Theater, Nov. 4-6 and 12-13 at 8 p.m. and Nov. 14 at 2 p.m. Tickets are \$10 for students, seniors, alumni, faculty, and staff, and \$12 for general public. For additional information or to purchase tickets, contact Julayne Hughes at theatre@rd.edu or 248-218-2149.

The RC Theatre Department began the season with a fall production of "The Ugly Duckling" and will be presenting "Driving Miss Daisy" in February and "Death of a Salesman" in April.

## The Ugly Duckling

Rochester College's Theatre Department presented The Ugly Duckling, a one-act play written by A. A. Milne and directed by Rochester College graduate Nicholas Hodge, from Sept. 30 to Oct. 2.

The plot of the play centers around arrangements made for Prince Simon to marry Princess Camilla. The king and queen are nervous because, let's face it, Camilla is plain! They decide that a beautiful maid will impersonate Camilla until the wedding.

Likewise, the prince hears of Camilla's beauty, and considering himself rather plain, has his extremely handsome manservant, Carlo, impersonate him. Simon and Camilla meet by chance, and what happened next was a surprise and a delight for audiences of all ages.

In conjunction with the play, the Pied Pipers, Rochester College's improvisational interactive children's theatre troupe, also performed.



To view more photos of the play visit:

**photos.rc.edu**

Photos Courtesy of | **photos.rc.edu**



**I WILL HOLD YOU FOREVER** Simon (Matt Bruno) whispers sweet nothings to Princess Camilla (Jessica Brooks).



**A RIDDLE YOU SAY?** Carlo (Matt Fredrickson) answers a riddle for the king.



**DIRECTOR AND ACTOR** Nick Hodge shows off his talent as director and actor while performing with Pied Pipers

# homecoming

spirit week activities 2010

## “At the Movies”

### SUNDAY

Poster Making Party  
Where: Student Center  
When: 6-7:30  
Pizza & Soda for those who make a poster

### MONDAY

“Access Hollywood”  
Dress up as your favorite famous person

### TUESDAY

“Little Giants”  
Show your team pride and sport your favorite team for the day

### WEDNESDAY

“Walt Disney”  
Dress up as your favorite Disney character

Movie Night @ AMC  
Time: TBD

### THURSDAY

“Blast From the Past”  
Dress up as a character from your favorite 80's or 90's T.V. show

### FRIDAY

“Men in Black”  
Wear your best clothing

### SATURDAY

“Gladiator”  
Wear your RC spirit wear

Tailgate @ 11:30

**Alumni Game @ 1p.m.**

**RC Varsity Game @ 3 p.m.**

**Fall Musical: Into to Woods**

### LUNCHES ALL WEEK

Don't miss out on the games and activities happening during lunches: Guess the Teacher, Minute to Win it, Scavenger Hunt, Mystery Box

# Shack-a-thon

## Students Focus On Service And Awareness

By | **RACHEL GRANT**

Campus Ministry held its annual Shack-A-Thon event Sept. 24-26. Teams of students and staff members were responsible for building shacks and living in them over the weekend. Cold and windy were the conditions students had to face while trying to build their shacks on the east lawn. This year, campus ministry allowed the use of tents as well.

The purpose of Shack-A-Thon is to raise awareness for the homeless and those who are poverty stricken. Participants lived in the shacks or tents for the weekend without the comforts they normally would have. During this time, food was limited, port-a-potties were used, and the use of electronic devices was discouraged.

Campus Ministry partnered up with Habitat for Humanity and students had the opportunity to participate in three Habitat for Humanity builds in Pontiac, Mich. Special guest Doug Sanders was the spiritual guide for the weekend. Sanders works at Otter Creek Church of Christ and spends his days ministering to the homeless in Nashville, Tenn.

“Shack-a-thon was an eye opening experience that gave me a new perspective on homelessness. The guest speaker was really inspiring, and he gave us many practical ways to help homeless people,” said Senior Randee Rowell. All money raised during Shack-a-Thon was given to Habitat for Humanity.



Photos by | **RACHEL GRANT**

Calling all creative thinkers! Are you expressive? Do you like to write? Do you like to draw? Do you like to photograph? The Shield Online wants your expressions. This winter, The Shield Online will be starting a page starring you! "Expressions" is in search of your poetry, short stories, artwork and photography. All submissions should be sent to [cgreschak@rc.edu](mailto:cgreschak@rc.edu). Don't be shy; let your voice be heard!

# RC Expressions

*As The Sun Sets*  
by  
Cynthia Greschak

*As the Sun sets, as the day ends  
Colors stream, blues-yellows-reds  
A single twinkle, a second diamond  
Twilight begins, the day is done.*

*Millions, tiny lights shining against black  
Yesterday is gone, I cannot go back  
One lone sphere - white and gray  
Shines down, lighting my way*

*All I have learned, all I know  
Means little with nothing to show  
Just as each day fades away  
My colors change, becoming gray.*

the events we'll **remember**  
the people we'll **never forget**  
the stories we'll **retell**